

Portable
Medical Profile



Name _____

Address _____

City _____ Province _____ Postal Code _____

Phone # _____

Date of Birth _____

Male Female Blood Type _____ Race _____

Identifying Features _____

Vision Status _____ Hearing Status _____

Prosthetics/Orthotics _____

Allergies/Sensitivities _____

Swallowing Status _____

Emergency Contact

Name _____ Phone # _____

If someone assists with daily care please list:

Name _____

Phone # _____

Advance Directives

Living Will

Health Care Agent

Durable Power of Attorney for Health Care

Kept at _____

Hospital and insurance Information

Preferred Hospital _____ **Health Care #** _____

Extended Health Care (EHC) Insurance _____

EHC Insurance # _____

Auto Insurance Carrier: _____ **Auto insurance Policy #** _____

Immunizations

Type	Date of Immunization

Doctors, Dentist, Other Healthcare Providers

Name and Specialty

Phone

Family History

Do any siblings, parents, grandparents, have a history of: (check if yes)

- | | |
|--|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Asthma/COPD | <input type="checkbox"/> Alcohol Abuse |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Dementia |
| <input type="checkbox"/> Stroke | |
| <input type="checkbox"/> Heart Disease before age 60 | |
| <input type="checkbox"/> Cancer _____ | Type |

Other _____

Personal Habits

Currently Smokes
 Cigars _____ Pipe _____ Cigarettes _____
 _____ per day, for _____ years.

Stopped Smoking _____ (approx. year)

Drinks Alcohol _____ drinks per day.

Exercises _____ minutes, _____ days per week.

Other Risk Factors: _____

Chronic Conditions

When Diagnosed

Arthritis	
Asthma / COPD	
Cancer, Type:	
Diabetes, Type 1 <input type="checkbox"/> 2 <input type="checkbox"/>	
Heart Disease	

Specific Conditions & Notes:

Functional Status:

Equipment/Devices Used:

Health History

Use this record to keep track of medical procedures, surgeries and hospitalizations.

Procedures/Surgeries

Year

Procedures/Surgeries	Year

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