lifemark

Functional Abilities Recruitment Evaluation - Paramedic / EMR (AHS)

Lifemark conducts the functional assessment to determine whether you can safely complete the day-today tasks required for the position of a Paramedic / EMR for Alberta Health Services. Lifemark has highly skilled healthcare professionals who can walk you through the process and help you gather the information you need to apply for the position..

You will need to complete and bring with you to the functional assessment the:

- Consent and waiver forms https://www.lifemark.ca/ahsparamedicemsconsentwaiverfinal.pdf
- Par Q https:/www.lifemark.ca/Par-q.pdf

Functional Assessment

The functional assessment is facilitated by an occupational therapist, physical therapist or kinesioliogist and will determine whether you are capable of completing the essential physical demands of the position. The assessment will consist of lifting/carrying, pushing/pulling, walking, stairs, bending and twisting activities.
Please keep the following in mind:

- The therapist needs your blood pressure to be within normal limits. Please do not consume any nicotine/caffeine (coffee/tea, energy drinks, pop) within **2-3 hours** of the assessment. Please note, if your blood pressure is high on the day of testing, you may be asked to get medical clearance from your family physician before testing can proceed.
- Take all medications as prescribed.
- Wear comfortable clothes and closed toe shoes.
- If you are pregnant, or have an untreated hernia, please inform your evaluator that you are unable o complete the F.A.R.E. test.

Your appointment has been confirmed at the following location

☐ **Lifemark - Edmonton**
#154 Meadowlark Health Centre
Edmonton, AB T5R 5W9
Phone: 780.468.6898

☐ **Lifemark - Calgary**
2121 – 29th Street NE, Bay 70
Calgary, AB T1Y 7H8
Phone: 403.297.9500

☐ **Lifemark – Grande Prairie**
#201, 11601 101 Ave
Grande Prairie, AB, T8V 3X9
Phone: 780-532-7077

☐ **Lifemark – Lethbridge**
Suite 103, 1410 Mayor Magrath Drive South
Lethbridge, AB, T1K2R3
Phone: 403-329-3212

☐ **Lifemark– Red Deer**
Red Deer College
100 College Blvd - in the KS Gym – Main Floor Near Office/Room 1003
Red Deer, AB
Phone: 403.357.3612

Appointment Date: **Appointment Time:**

Please note as discussed:

Your credit card will be charged $150.00 +GST for the appointment within the next 24 to 48 hours.
Cancellation fees apply if you cancel your appointment with less than 2 business days notice. If you do not attend your appointment, it is considered a no-show. Cancellation and no-show fees will be charged to the credit card you provided when you booked the assessment.

If you have any questions, concerns or need to reschedule/cancel your appointment, please contact our call center at 1.866.919.5731